

## **Predicting Natural Neuroprotection in Marine Mammals: Environmental and Biological Factors Affecting the Vulnerability to Acoustically Mediated Tissue Trauma in Marine Species**

Terrie M. Williams  
Center for Ocean Health- Long Marine Lab  
Department of Ecology and Evolutionary Biology  
University of California-Santa Cruz  
100 Shaffer Road  
Santa Cruz, CA 95060  
phone: (831) 459-5123    fax: (831) 459-3383    email: [williams@biology.ucsc.edu](mailto:williams@biology.ucsc.edu)

Award Number: N000140811273

### **LONG-TERM GOALS**

The primary goal of these studies is to investigate the relative vulnerability of marine mammals to acoustically mediated trauma from emboli formation. By evaluating key environmental, behavioral and physiological factors involved in the movement of gases at the whole animal and tissue levels we intend to identify factors contributing to lipid, nitrogen, and carbon dioxide gas mobilization, and concomitant tissue damage at depth. The results of this project will enable the development of environmentally sensitive schedules for oceanic acoustic activities by identifying those species most susceptible to tissue injury.

### **OBJECTIVES**

To accomplish these goals we are focusing on three key questions:

1. ***Environmental: Does elevated environmental temperature compromise the dive response that safeguards marine mammals from decompression illness?*** This is being tested by measuring cardiovascular and metabolic parameters of trained bottlenose dolphins during sedentary and active periods while diving in warm and cold water.
2. ***Behavioral: Do increased levels of neuroprotecting globins in the brain correspond to increased plasticity of the dive response during voluntary activity by marine mammals?*** Here we evaluate the physiological significance of elevated globin levels that we have discovered in the cerebral cortex of marine mammals. This is being tested by comparing behaviorally induced variability in the dive response (as manifested by changes in the level of bradycardia and peripheral circulation) in deep and shallow diving mammal species including bottlenose dolphins, Weddell seals and beluga whales.
3. ***Physiological: Does globin deposition and coincident neuroprotection of the cerebral cortex change with developmental stage in marine mammals?*** By evaluating globin deposition profiles

Report Documentation Page				Form Approved OMB No. 0704-0188	
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1. REPORT DATE <b>30 SEP 2011</b>		2. REPORT TYPE		3. DATES COVERED <b>00-00-2011 to 00-00-2011</b>	
4. TITLE AND SUBTITLE <b>Predicting Natural Neuroprotection in Marine Mammals: Environmental and Biological Factors Affecting the Vulnerability to Acoustically Mediated Tissue Trauma in Marine Species</b>				5a. CONTRACT NUMBER	
				5b. GRANT NUMBER	
				5c. PROGRAM ELEMENT NUMBER	
6. AUTHOR(S)				5d. PROJECT NUMBER	
				5e. TASK NUMBER	
				5f. WORK UNIT NUMBER	
7. PERFORMING ORGANIZATION NAME(S) AND ADDRESS(ES) <b>University of California, Santa Cruz, Department of Ecology and Evolutionary Biology, 100 Shaffer Rd, Santa Cruz, CA, 95060</b>				8. PERFORMING ORGANIZATION REPORT NUMBER	
9. SPONSORING/MONITORING AGENCY NAME(S) AND ADDRESS(ES)				10. SPONSOR/MONITOR'S ACRONYM(S)	
				11. SPONSOR/MONITOR'S REPORT NUMBER(S)	
12. DISTRIBUTION/AVAILABILITY STATEMENT <b>Approved for public release; distribution unlimited</b>					
13. SUPPLEMENTARY NOTES					
14. ABSTRACT					
15. SUBJECT TERMS					
16. SECURITY CLASSIFICATION OF:			17. LIMITATION OF ABSTRACT <b>Same as Report (SAR)</b>	18. NUMBER OF PAGES <b>8</b>	19a. NAME OF RESPONSIBLE PERSON
a. REPORT <b>unclassified</b>	b. ABSTRACT <b>unclassified</b>	c. THIS PAGE <b>unclassified</b>			

from carcasses ranging in age from neonates to adults, we are investigating how age influences neuroprotective mechanisms in a wide variety of marine mammal species.

Together these studies will enable us to determine why some marine mammal species, such as the family of beaked whales, appear more susceptible to non-auditory tissue damage as may occur in conjunction with navy and oil exploration sound operations. We will take into account several recent hypotheses regarding emboli formation, observed behavioral responses of marine mammals to low- and mid- frequency sound production, as well as the results of our studies to develop predictive models for susceptibility to decompression illness.

## **APPROACH**

This study uses two approaches to determine the relative susceptibility of different marine mammal species to acoustically mediated trauma, 1) molecular and biochemical evaluation of neuroprotection at the tissue level, and 2) whole animal/physiological assessments to determine the impact of behavioral and environmental challenges to the dive response. Because stranded marine mammals often display behaviors associated with neural dysfunction (i.e. disorientation, poor localization and righting responses), and neural tissues are exceptionally vulnerable to decompression damage, we focus on the central nervous system and its relationship to the dive response.

Laboratory studies at the tissue level are assessing the presence and function of oxygen binding circulating (hemoglobin) and resident (cytoglobin and neuroglobin) globin proteins in the brain. Recently, a survey of shallow and deep diving species enabled us to determine the effects of routine dive capacity on the expression of these globins (Williams *et al.*, 2008). Our current studies build on this foundation to evaluate how these different globins affect the vulnerability of a variety of marine mammal species to hypoxia associated with decompression syndromes. Because the concentration of other globin proteins (i.e. myoglobin) changes with developmental stage in marine mammals, we are also examining how age influences globin deposition and coincident neuroprotection in the brain of immature and mature marine mammals. Ultimately, this will allow us to determine if specific segments of marine mammal populations are more susceptible than others to neural damage.

Team members include specialists in morphology and pathology of marine mammals (M. Miller, CA Dept. Fish and Game; D.A. Pabst, Univ. North Carolina-Wilmington), globin chemists (D. Kliger and R. Goldbeck, UCSC), molecular biologists (M. Zavanelli, UCSC) and physiologists (T.M. Williams, D. Casper, N. Thometz and S. Noren, UCSC.)

The second component of this study examines the susceptibility of marine mammals to decompression illness at the whole animal/physiological level by monitoring behaviorally induced variability in the dive response. Because nitrogen transfer and decompression illness are linked to tissue perfusion, relaxation of the dive response in marine mammals has the potential to increase susceptibility to neural tissue damage either by preventing the removal of nitrogen or altering the perfused tissue pool available for nitrogen dispersal. The effects of two physiological mechanisms known to alter blood flow are being investigated, exercise and heat. In the first series of tests we are evaluating the effects of exercise intensity on changes in the dive response of bottlenose dolphins. Dolphins are trained to dive and exercise at varying depths. Variability in bradycardia and peripheral vasoconstriction are subsequently monitored as the animals perform sedentary to high intensity exercise tasks. Our most

recent work provides a comparative dimension by conducting similar tests on a deep diving species, the beluga whale, and a free-ranging deep diver, the Weddell seal. A second set of tests uses this protocol to determine the effects of acute and chronic increases in environmental temperature on variability of cardiovascular responses in diving and swimming bottlenose dolphins.

Team members for this part of the program include physiologists (T.M. Williams, S. Noren, and L. Yeates from UCSC; R. Davis, Texas A&M University) and animal behaviorists (T. Kendall and B. Richter, UCSC; P. Berry, EPCOT)

## **WORK COMPLETED**

**Tissue Globin Analyses.** Our team has successfully developed two assays for brain globins, a spectrophotometric test that provides total globin concentration and an mRNA expression test for relative cytoglobin and neuroglobin levels. Previously, we have used these assays to detect the presence and concentration of globins in the cerebral cortex of 16 species of mammals. This includes five species of terrestrial mammal ranging in body mass from 0.1 kg to 100 kg, and 11 species of marine mammal ranging in mass from 30 to 300 kg. Among the marine species, we have examined both coastal and pelagic divers among the small cetaceans, pinnipeds and sea otters. All have demonstrated the presence of globins, although the concentration varies among the various species. We have been refining our isolation techniques in order to quantify the level of globins as well as characterize the exact molecular structure of the globins. Because delivery of globins through the cardiovascular system is an important dimension to globin presence particularly for deep diving marine mammals we are currently developing histochemical methods for examining capillary density in the brain of marine mammals including beaked whales. This year we were fortunate to obtain brain samples representing different ages from several marine mammal species including sea otters, pinnipeds and cetaceans, as well as from several subspecies of beaked whale from both the Atlantic and Pacific Oceans. Analysis of these tissues is ongoing.

**Variation in Diving Bradycardia and Vascular Control during Diving.** The second component of this study examines variability in the dive response of cetaceans due to exercise and environmental temperature. A major challenge was developing heart signal instrumentation that could withstand the rapid swimming movements of dolphins. We have successfully tested and collected data using a new submersible electrocardiograph/accelerometer monitor by UFI (Morro Bay, CA). To date eight dolphins, two beluga whales, four Weddell seals and two sea otters have been examined. Heart rate during surface and submerged resting periods were collected for all four species, including an evaluation of the effects of body position on bradycardia. During the past two years we deployed our instrument on free-ranging Weddell seals to provide comparative data for a deep-diving pinniped during foraging events. Tests with other free ranging pinnipeds are ongoing.

Efforts this year have been on developing new models of dive responses for marine mammals taking into consideration the variation in bradycardia that occurs with different levels of activity. We have completed a series of exercise tests for dolphins freely-diving to 3 m, 10 m and 20 m. We have also collected data on the combined effects of exercise and increased environmental temperature on cardiovascular responses in dolphins using heat flow and changes in core body temperature as metrics for alterations in blood flow. Data analysis for the dolphins is ongoing and includes cardiovascular signatures for each level of exercise intensity and water temperature. Comparative studies on beluga

whales, Weddell seals, other pinnipeds, and sea otters are scheduled to continue this year. The results from the dolphin tests have been presented at the **Society for Integrative and Comparative Biology** meeting (Seattle WA, January 2010). Predictive models of gas movement in the cardiovascular system, aerobic dive limits, and susceptibility to decompression illness based on our results were discussed at the **Diving Marine Mammal Gas Kinetics Workshop** (Woods Hole MA, April 2010) and have been incorporated into three manuscripts currently in review with anticipated publication in 2012. The results for all of the species examined will be presented in a series of talks and posters at the 2011 **Society of Marine Mammalogy** meeting (Tampa FL, November 2011) and at the **Society for Integrative and Comparative Biology** meeting (Charleston SC, January 2012).

## RESULTS

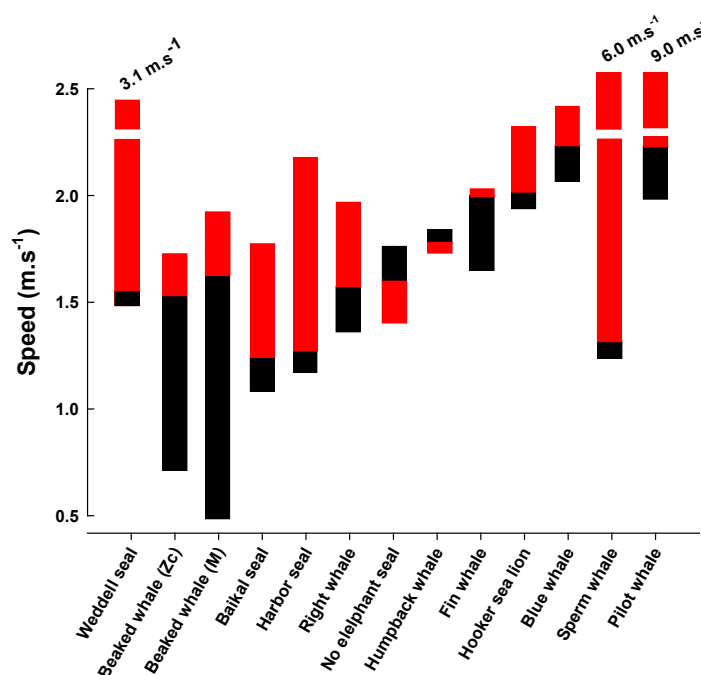
This year we have focused on a comparative analysis of our results focusing both on interspecies and ontogenetic evaluations. With the successful development and deployment of an ECG-accelerometer microprocessor we have, 1) begun to correlate discrete changes in heart rate with propulsive stroking during different phases of a dive and different types of dives, 2) determined the effects of preferred, trained, and free-ranging exercise on diving bradycardia, and 3) examined variation in the management of blood gases in shallow and deep diving species. In the previous year we demonstrated that in contrast to the invariant bradycardia reported in the literature, marine mammals appear to exhibit considerable variation in submerged heart rate that is associated with the intensity of activity. Submerged activity resulted in a consistent override of bradycardia in the diving animals, progressively increasing from sedentary stationing to slowly swimming at preferred speeds to rapid maneuvers such as quick turns or ascents.

By compiling original and previously published data concerning variability in speed for diving mammals (Fig. 1) we are beginning to understand how activity level, and the associated variability in the dive response, differs for species. Interesting, two species of beaked whales considered the most vulnerable to decompression illness show some the slowest preferred speeds among marine mammals.

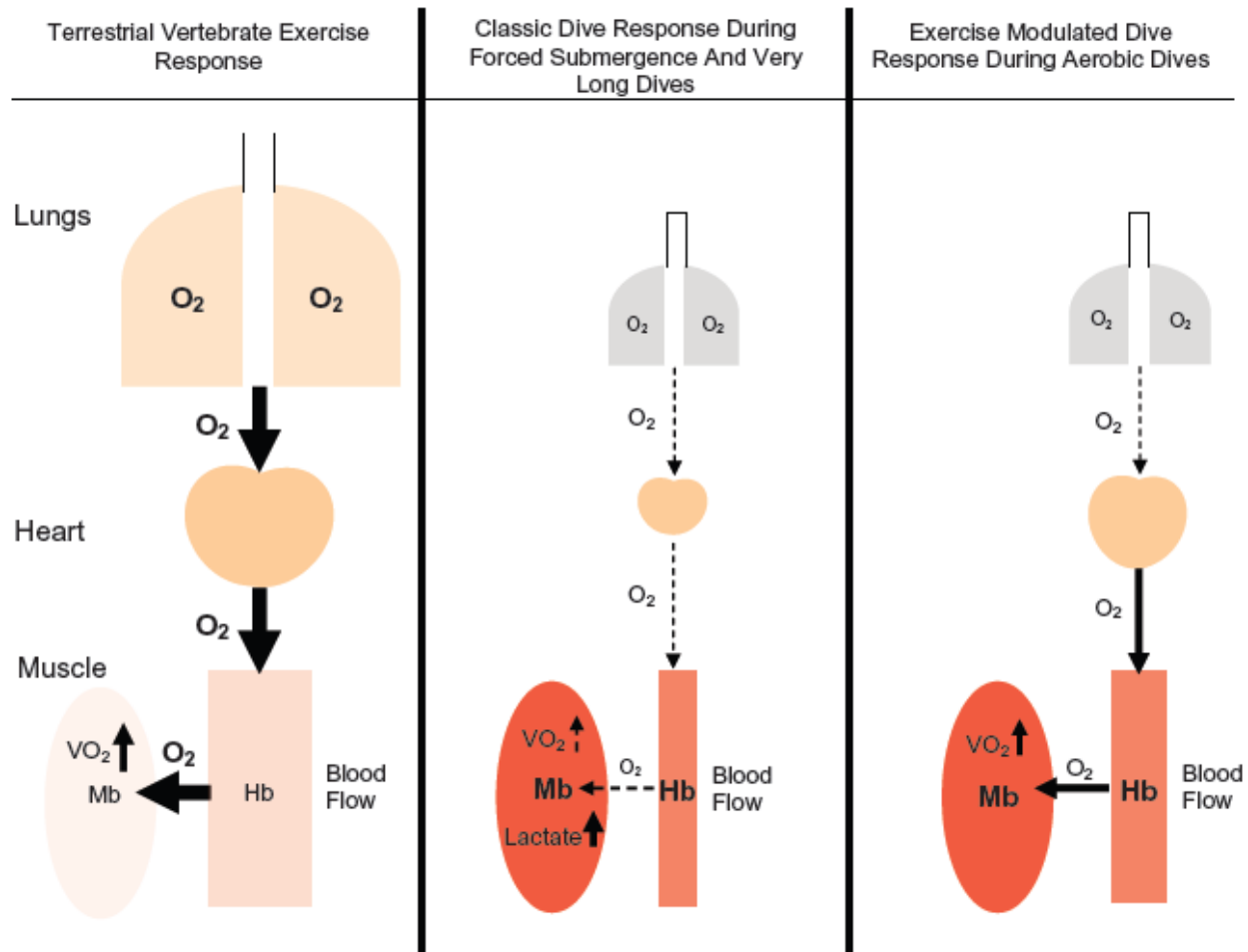
A second major accomplishment has been the development and testing of a new model for gas transport during diving in marine mammals (Fig. 2). This model takes into account the interplay between exercise and diving physiological responses in deep and shallow diving marine mammals. Once completed, the model will be used to develop species-specific predictors for susceptibility to decompression illness in marine mammals varying in age and geographic location.

In summary, these studies indicate a heretofore unknown level of cardiovascular variability during diving in marine mammals. Because this has marked implications for the mobilization of gases during diving we have begun constructing a predictive model to determine species-specific susceptibility to decompression illness based on static and variable dive responses. Major oxygen stores, globin deposition, diving capability, and cardiovascular variability associated with exercise and environmental temperature are being incorporated into the model. These preliminary results indicate that neuroprotection in diving marine mammals may be a species-specific balance between intrinsic and extrinsic factors. A suite of oxygen-binding globins appear to provide complimentary mechanisms for facilitating oxygen transfer into neural tissues as well as the potential for protection against reactive oxygen and nitrogen groups when marine mammals are submerged. A variable cardiovascular response when submerged enables the animals to meet the demands of exercise and thermoregulation

but raises a question regarding the mobilization of gases (oxygen, carbon dioxide and nitrogen) during diving. From our free-ranging studies we find that marine mammals maintain preferred levels of activity which result in only modest changes in the dive response. When moved outside of these preferred ranges an exercise response that alters gas dynamics may be triggered.



**Figure 1.** Range of speeds for ascent and descent (black bars) and predation events (red bars) for marine mammals. The top and bottom of the black bars denote the average vertical ascent and descent speeds reported for each species. The reported maximum speed during foraging is shown by the top of the red bars. Note that the elephant seal and fin whale slowed when feeding. Conversely, the Weddell seal, sperm whale, and pilot whale showed marked acceleration events.



**Figure 2. Theoretical changes in the marine mammal dive response due to exercise. The three panels compare the relative changes in cardiovascular and respiratory function associated with exercise in terrestrial mammals (left panel), forced/prolonged diving in marine mammals (middle panel), and submerged exercise in marine adapted mammals (right panel). Symbols, font size and arrow thickness indicate relative magnitude of the variables under each condition. Note the increase in ventilation, heart rate, and gas transport during terrestrial exercise, while all three decrease during the marine mammal dive response (middle panel). Based on our findings, we suggest that an exercise modified dive response alters the management of gases for active, submerged marine mammals. (From Davis and Williams, in review.)**

## IMPACT/APPLICATIONS

Our recent findings on variability in the cardiovascular response to diving and in tissue globin levels in the cerebral cortex provide:

1. **A new perspective on neuroprotection.** By examining a wide variety of mammalian species living in different habitats, we demonstrate how malleable the mammalian brain can be when placed under extreme chronic hypoxia, which occurs not only in air-breathing vertebrates who dive but also in response to various common medical conditions in humans and other species.
2. **An assessment of the importance of globin proteins.** Since neuroglobin and cytoglobin have been associated with neuronal survival following stroke and other ischemic insults with cardiovascular accidents, the results are relevant to many of the leading causes of mortality in the United States. Furthermore, although further research is needed, differences in resident neuroglobins may help to explain the relative susceptibility of deeper diving species to barotrauma following exposure to anthropogenic noise.
3. **New techniques for clinical, ecological, behavioral and physiological studies.** The instrumentation developed for monitoring cardiovascular changes in freely-diving marine mammals and the predictive models being tested provide new tools for assessing the response of wild mammals to anthropogenic disturbance. In addition, our study is developing new biochemical methods and animal models for the assessment of brain globins that should be of interest to a wide variety of comparative and medical neurophysiologists.

## RELATED PROJECTS

None.

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